

# NOVEMBER 2023 ELEMENTARY & MIDDLE



**Breakfast - Served Daily**  
Variety of 1% Milk, Fruit Juices, Fruit, Whole  
Wheat Muffins & Breads

## Monday

Sausage  
Pancake  
Stick

## Tuesday

Grilled  
Cheese  
Sandwich

## Wednesday

Breakfast  
Sausage  
Pizza

## Thursday

Variety of  
Cereal Bars

## Friday

Sausage  
Biscuit

## Daily Lunch Options

30  
Chicken &  
Sausage  
Jambalaya  
Black-Eyed Peas  
Garlic Toast

31  
Beef Enchiladas  
Southwest  
Trimming  
Refried Beans

1  
BBQ Pork Nachos  
Southwest  
Trimming  
Baked Beans

2  
Chicken Nuggets  
Mashed Potatoes  
w/Gravy  
Hot Yeast Roll

3  
Baked Chicken  
Rotini  
Seasonal Carrots

6  
Mandarin  
Chicken  
Over Rice  
Cheesy Broccoli

7  
Buffalo Chicken  
Dip  
w/Scoops  
Buttered Corn

8  
Spaghetti &  
Meat Sauce  
Green Peas  
Garlic Toast

9  
Cheesy Chicken  
over Rice  
Green Beans  
Garlic Toast

10  
Pepperoni  
Pizza  
Fresh Carrots  
w/Dip

## HOLIDAY BREAK 20TH - 24TH

13  
Red Beans & Rice  
w/Sausage  
Cheesy Broccoli  
Cornbread

14  
Crispy Beef & Bean  
Tacos  
Southwest  
Trimming  
Buttered Corn

15  
Cheeseburger  
Mac  
Seasonal Carrots  
Garlic Toast

16  
Turkey & Dressing  
w/Gravy  
Sweet Potato  
Casserole  
Green Peas  
Hot Yeast Roll  
Hot Apple Cobbler

17  
Chicken Nuggets  
Mashed Potatoes  
w/Gravy  
Garlic Toast

27  
Loaded  
Mac & Cheese  
Black Eyed Peas

28  
Beef Enchiladas  
Southwest  
Trimming  
Refried Beans

29  
BBQ Pork Nachos  
Southwest  
Trimming  
Baked Beans

30  
Chicken Nuggets  
Mashed Potatoes  
w/Gravy  
Hot Yeast Roll

## Lunch

Variety of 1% Milk & Fresh Fruit  
Weekly Options

## Monday

Turkey & Cheese  
Sub Basket  
Grilled Chicken  
Salad

## Tuesday

Pulled Pork  
Sandwich Basket  
Tuna Salad

## Wednesday

Turkey & Cheese  
Sub Basket  
Lunchable

## Thursday

Pulled Pork  
Sandwich Basket  
Tuna Salad

## Friday

Turkey & Cheese  
Sub Basket  
Grilled Chicken  
Salad